



Aromas World Kitchen
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Hot Meals – min. 6 per tray

Updated May 2025

CHICKEN:

Chicken Parmigiana \$9
Chicken Piccata (lemon & capers) \$8
Chicken Souvlaki \$7
Halal Chicken Marinara \$8
Rosemary Roast Chicken Pieces \$5.50
Halal Montreal Chicken (peppercorns) \$5.50
Halal Golden Coconut Chicken \$6.50
Jerk Chicken Legs \$6
Halal Pesto Chicken Breast \$8.50
Halal Grilled Chicken Breast \$6
Halal Mushroom Chicken Breast \$7
Halal Chicken Marsala \$7.50
Halal Butter Chicken \$7.50
Stir-fried Ginger Chicken \$6.50
Honey Garlic Chicken Wings \$6.50

BEEF:

Meat Lasagna (Mini serves 3 = \$20.50; Small serves 12 = \$74; Large serves 24 = \$134)
Meatballs in Tomato Sauce \$4.50
Meatballs in Mushroom Sauce \$4.50
Meatballs in Teriyaki Sauce \$4.50
Veal Parmigiana \$9
Halal Roast Beef in Aromas Dijon Gravy \$9
Halal Beef Burgundy \$9

PORK:

Fennel Sausage & Peppers \$8
Pineapple Ham \$8.50
Pork Chop Napoletana (with tomatoes & peppers) \$8.50
Pulled Pork \$6.50

FISH:

Lemon Dill Salmon \$9.50
Pan-fried Tilapia \$7.50
Ginger Basa \$4.50
Salsa Basa \$4.50
Curry Basa \$4.50
Teriyaki Basa \$4.50
Sole Florentine \$10.50

VEGAN:

Falafel Plate = \$7.50
Chickpea Curry = \$4.50

Lentil Sunflower Seed Patty = \$5
Grilled Vegetable & Tofu Skewers \$6

VEGETARIAN:

Vegetarian Lasagna (Mini serves 3 = \$20.50; Small serves 12 = \$74; Large serves 24 = \$134)
Ricotta Manicotti in Cream Sauce \$8.25
Eggplant Parmigiana \$64.50 (Small Tray serves 12)
Stuffed Peppers \$7
Balsamic Glazed Portobello Mushroom with Roasted Red Pepper & Provolone Cheese \$7

Sides

Penne in Aromas Basil Tomato Sauce \$3
Gnocchi in Rose Sauce \$3.60
Pesto Pasta \$3
Buttered Egg Noodles \$3
Sesame Noodles \$3
Mashed Potatoes & Gravy \$3
Rosemary Roast Potatoes / Lemon Potatoes \$3
Cornbread (Small serves 12 = \$18; Large serves 24 = \$33)
Peas & Mushrooms \$3
California Vegetable Medley (broccoli, cauliflower, carrots) \$3
PEI Medley (green beans, wax beans, carrots) \$3
Grilled Vegetables \$3.50
Rice Pilaf / Basmati Rice / Coconut Rice \$2.50
Mushroom Risotto \$3.50

Add-Ons

Salads:

Small serves 5 / Medium serves 10 / Large serves 20

Caesar; Garden; House; Mandarin; Shepherd = \$20 / \$36 / \$65

Cranberry Kale Slaw; Pesto Pasta; Mixed Bean; Potato & Green Bean = \$14 / \$25 / \$45

Creamy Potato; Coleslaw Vinaigrette = \$13 / \$23 / \$41

Strawberry; Pear; Greek; Village; Feta Pasta; Lentil Quinoa = \$25 / \$45 / \$81

Individual Soups:

Chicken Noodle (bone broth); Puréed Lentil; Barley; Mushroom = \$3

Desserts:

Dessert Platter (2 pieces/person) = \$2
Cookies = \$1.25
Squares = \$1.25
Italian Pastries = \$3
Pie = \$2.50

Drinks:

Water = \$1.25
Pop/Nestea = \$1.50
100% Fruit Juice/V8 = \$2

Disposables:

plate, cutlery & napkin = \$0.50